

SURF



The Algarve and the Natural Park of Costa Vincentina boast the most untouched and scenic coastlines Europe has to offer. Kilometres of breathtaking beaches are constantly pounded by swells from all angles, making the region a perfect surfing destination.

Martinhal Resort offers surf courses for beginners, intermediate and advanced level with qualified instructors certified by Portuguese and British surfing federations. In order to maintain a good quality class with personal attention for each student we teach small group classes. We'll always be watching closely helping you reach your main goal, catching a wave and standing up!

ROCK CLIMBING



At the moment the Algarve is much more related to surf, sun and beach than it is to rock climbing. This turns out to be a shame for there are many options to spend a nice day climbing in the sun. Beginner or experienced the climbing possibilities are numerous ranging from beach/coastal to mountain/valley climbing. Even those who want to have a first exiting rock climbing experience can enjoy our services.

Most of the rock climbing is done locally, seen that the area has fabulous climbing spots.

Duration - 3 to 4 hours

Transfer - yes

Group max - 6

MOUNTAIN BIKE



Cycling is the best way to enjoy the magnificent views the Costa Vicentina and Serra Monchique have to offer. The climate is quite mild making it possible to bike all year round.

Nonetheless the best months are spring from March to July and autumn from October to December.

The mountain bike tours vary in difficulty going from a relaxed ride by the sea to a more experienced cross-country. Our mountain bikes can be personalized and come fully equipped with the necessary accessories for a comfortable off road ride e.g. front and back suspension, helmet, disk brakes etc.

BLOKART MARTINHAL



It's an exciting new sport – and Algarve blokarting could be set to take off (not too literally, one hopes) in a big way.

A blokart is a 3-wheeled 'car' with a sail and a pilot's seat – and that's about it! They're like sand yachts, but smaller and much more portable. Since they're driven by wind, you need a bit of a bluster if you're to enjoy yourself.

SPECIAL PROGRAMS

FAMILY / GROUP PROGRAMS



Hoping to achieve a more varied and widespread offer Algarve Adventure now organizes family/ group programs. This activity gives the participants the chance to spend a pleasant and challenging family/ group day. It's made out of different outdoor challenges that can only be completed with success if group spirit prevails over individuality. Ranging from forest to beach activities these have a motivational context where the group as a whole overcomes the set tasks. Displaying similar characteristics to team building the main difference is a greater focus on the leisure aspect as opposed to the corporate psychological analysis.

Duration – 3 to 6 hours

Transfer – yes

TEAM BUILDING



Stepping aside the tourism market Algarve Adventure also offers activities suited for business training also known as Teambuilding. Teambuilding involves a set of activities created for a business human resource environment aiming for the improvement of teamwork inside a company. The different tasks proposed range from simple cooperation games to more complex situations where team spirit is essential. Teambuilding applies not only to companies, it can be useful for sport teams, school groups and any other context involving a team. The characteristics of this activity vary in accordance with the parameters of the group.

Duration – 3 to 6 hours

Transfer – yes

NATURE ACTIVITIES – “Cape Cruiser”

Mini-Cruises (Estrela do Rio boat)



“Estrela do Rio”

MV Estrela do Rio - Traditional fishing boat (remodelated) w/ 21 mtrs, covered seating w/ table, bar, cooking facilities and toilet.

Full safety equipment, licensed and insured. License to carry 55 persons.

Dolphin Watching

Cape Cruiser places at your disposal various daily cruise programmes to make your holiday unforgettable.

Sail with us along the coast of Sagres and discover the nature at her best.

Be a “conqueror” of the unmatched beauty that surrounds us and surrender yourself to an unforgettable trip when you are presented to the dolphins that come to pay a visit to the boat.

On this trip we will also serve you a light lunch.

Trip to the Cape S. Vicente

The fishing harbour in Sagres is our starting point for a trip full of history to Cape S.Vicente also “The End of the World”, the most common name for this most south-western cape of Europe.

This famous South-West cape of Europe was rounded by Vasco da Gama, Fernão Magalhães and Infante D. Henrique (the Navigator) amongst others of the giants of Middle Ages, to discover the rest of the world.

During your stay reserve this trip to “The End of the World” for you, your family and friends.

The Cape cruise takes about 90 minutes aboard “Estrela do Rio” – the yellow boat.

Family Fishing

A unique opportunity to fish in a typical Portuguese manner using hand lines. In a relaxed atmosphere on board and a friendly crew, our fishing is suitable for beginners, groups of fishermen and families (children are welcome.). The catch of the day will be grilled on board and served with bread and salad. This program is the most popular, make sure to book early. (Daily fishing license included).

“Pescamar boat”



License to carry 8 persons available for fishing and charters. Boat with 10 mtrs, two motors of 120 CV, toilet facilities, comfortable cabin, electronic equipment (GPS/fishfinder), a set of outriggers and fighting chair. Permission to sail 25 miles off-shore.

Bottom and Shark Fishing

Available for shark fishing (catch and release), wreck fishing and bottom fishing. Rods and bait provided by us. Possible to bring your own fishing equipment. Drinks and package lunch available. We welcome individuals and beginners.

Sometimes, during the fishing, it's possible to observe the dolphins in their natural habitat.

* * Available for Diving Charters.

More activities on request...

Estrela do Rio is available for party's, fishing (groups), sunset cruise, private charters where you are able to swim to isolated beach.

Catering could be arranged on board.

All charters charged by hour.

Pescamar is also available for coast cruises, sunset cruises and private charters.

MARINE WILDLIFE WATCHING (DOLPHINS & SEABIRDS)

“Mar limitado”



Duration: 1h30

Brief description: This tour is guided by marine biologists, seeking the many secrets that the sea hides everyday. We set off in search of the southwest marine wildlife: besides dolphins (highly probable, but not guaranteed), we are often overflowed by unique seabird species, and occasionally endowed with the thrilling sight of whales, large pelagic fish (such as the Sun fish, sharks), or even sea turtles. Each trip is a unique experience. This tour does not have a defined route and it is essentially dependent on weather conditions. This activity is ideal for all ages.

SWIMMING WITH DOLPHINS

Duration: 2h30

Brief description: The purpose of this tour is to place passengers in the water surface near a group of dolphins. Equipped with snorkel masks, passengers will remain floating at the surface and may watch dolphins pass by and listen to their whistles. The success of the activity depends mainly on the animals' behaviour, which may be curious or evasive. Passengers who feel more at ease in the water usually have better chances of success. Previous experience with snorkelling mask it is advisable. Each day and trip is different. We can never guarantee the observation of wild dolphins, both at the surface or underwater. This activity is aimed for those who feel comfortable in the water (minimum recommended age: 8 years).

TRIP TO THE CAPE ST. VINCENT

Duration: 1h00

Brief description: This scenic tour takes place along the shoreline, close to the Atlantic cliffs, passing inside the bays and near the beaches before arriving to the Cape of St. Vincent.

During this tour passengers may admire the second most powerful European lighthouse, watch and learn more about the ancient fortifications, or just enjoy the unique geology of this coast. It is a leisure trip, with a historical-cultural character, ideal for all ages.

SKIPPERED BOAT CHARTER (HOURLY)

Our 7.5m RIBs, with capacity for up to 12 passengers, may be chartered with experienced crew. Ideal for private and business packages (tours, birthdays, filming, etc.).

SCUBA DIVING

We transport scuba divers to dive spots of archaeological and biological interest. Access to bottle air filling and diving guide may be provided (if requested previously).

BOARDING PLACE: Porto da Baleeira de Sagres (Sagres Harbour)

CHECK-IN: 30 minutes before departure, in our stand next to the shipyard

RESERVATIONS: tel. (+351) 91 683 26 25 @: info@marilimitado.com

HORSE RIDING



Enjoy a horseback riding at the “end of the world” in small private groups under friendly and professional supervisor.

Lessons either private or in groups are available on request.

JEEP SAFARI - COSTA VICENTINA ½ Day



Discover the wild beauty of the Algarve’s Western Coast! In comfortable 4 X 4 jeeps we take you off the beaten track but straight into the heart of the Algarve. Enjoy the spectacular scenery of an area almost untouched by time and mans intervention. Travelling along unsurpassed roads you will discover some of the most isolated, but also the most beautiful, areas of the Algarve.

Marvel at the panoramic views from the cliffs and savour the pure air. Our route takes us along the **Western coast** where you can admire the unspoiled beaches interspersed along the steep cliffs. This area is one of the most interesting in the Algarve in terms of flora and fauna. Visit **Carrapateira**, the scenic beaches at **Praia do Amado** and **Praia da Cordoama** .

Don't miss out on this spectacular day!

JEEP SAFARI - Full Day



If it's fun, excitement and adventure you're looking for.....then look no further! Let us take you off the beaten track but straight into the heart of the Algarve!

Travelling in a convoy of 4 x 4 jeeps we go up hills and down dales, crossing streams and traversing meadows in a roller-coaster ride through the countryside. Enjoy the spectacular scenery of an area almost untouched by time, in the Monchique Mountains.

Our journey will take us to some of the most interesting places in the Algarve - but not by roads you'll find marked on any map! We will follow dirt tracks to places where you can see old traditions and customs still in practice and small villages such as Alferce. Breathe the pure air rich with the scents of local herbs and plants and admire the spectacular views. Smell the scent of the eucalyptus trees and learn the secrets of harvesting the ubiquitous cork trees.

We will visit a small local distillery where the brave can sample "medronho" - a very potent local drink and where you can see honey being made in the age old way.

Lunch is provided in a typical restaurant.

HISTORICAL ALGARVE



This is a day of discovery and history where you visit some of the most interesting and scenic areas of the Algarve. Steeped in tradition, encompassing the mountains and the sea it's the perfect way to acquaint yourself with the Algarve.

No journey into the Algarve's past would be complete without a visit to the historical seaport town of **Lagos** where new and old live in harmony. See the modern marina with its luxurious yachts. Visit the old slave market and admire the strange statue of Prince Henry. A visit to the beautiful St. Anthony's Church, one of the best examples of the Baroque style in the Algarve, is also a must.

Next we travel to the town of **Silves**, in Moorish times the capital of the Algarve. Here you can visit the castle which dates from this period and affords magnificent views over the surrounding countryside. You can also see the impressive Gothic cathedral.

From here we continue our ascent into the **Monchique Mountains** to enjoy the green hills, pure air, tranquillity and dramatic views from the highest point in the Algarve – **Fóia**, passing by the sleepy spa village of **Caldas de Monchique**.

Don't miss this day - a perfect blend of past and present!

FAMILY FUN DAY - LAGOS ZOO & DOLPHIN WATCHING



This is the perfect day for those who want it all! Action, adventure, fun and excitement.

Our first stop will be in the surroundings of Lagos to visit the Lagos Zoo.

With over 120 different species of animals and 200 botanical species, Lagos Zoo offers a fun and educational day out for the whole family. Undoubtedly one of the main attractions is the primates, but the zoo is also home to lemurs, wallabies, lynxes, reptiles and tropical birds to name but a few! The petting zoo is also a firm favourite with children and adults alike.



The animal enclosures have been designed for the specific needs of each individual species and great care is taken to ensure the well being of all the animals housed at the zoo. The zoo's philosophy is based around the principles of conserving, education and protecting.

There is information on hand for those wanting to learn more about each species and, during peak season, keepers offer talks during feeding times and are happy to answer visitors' questions.

Next we head to the Lagos Marina where the speed boat already awaits you.

This is a "must" of any holiday in the Algarve!

The fun and enjoyment experienced in this trip is unforgettable! The boat offers speed, comfort and reliability and it is small enough to get really close to marine life.

Our crew has a vast experience in the art of seeking out and observing wild life in these waters. Dolphins or other marine life like Mink whales or Basking sharks, are found on over 80% of our trips.

The trip lasts for approximately one hour and thirty minutes.

Don't forget your camera or video recorder!

TENNIS & PADEL TENNIS COURTS (AVAILABLE IN JUNE)

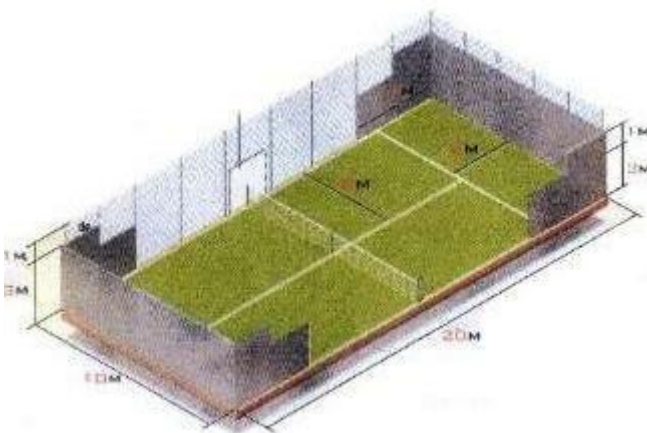
WHAT IS PADEL?



Padel Tennis is an immensely popular game in Spain, Argentina, Mexico and the USA. It is growing rapidly around the world. Originating in Acapulco in 1969 the game has spread predominantly in the popular holiday destinations of the Costa Del Sol on the Southern Coast of Spain.

Hard to define, the best description of Padel is that it is fast paced combination of Tennis, Squash and racquetball! With a bit of table tennis thrown in!

It is played on a court roughly 1/3 the size of a tennis court with surrounding back and side walls. The ball is very similar to a tennis ball, however the racquets are solid "paddles" rather than strung racquets.



A sketch of a typical court,
20m length x 10m wide.

2 Padel Tennis Courts

2 Tennis Courts